

SAMPLE MENU'S



Sample Menu 1

Breakfast

Tea & coffee
Croissants
Muffins
Cheese
Jam
Fresh Fruit
Fruit Juice
Yoghurt

Lunch

Starters

Selection of Fresh Breads
Olives
Tapanade
Hummus
Pepperdew Dip
Pickled Calamari

Mains

Lamb kebabs with a mint sauce or
Lebanese chicken kebabs with garlicky yogurt dip or
Or
Vegetable kebabs with harrisa yogurt dip
Grilled seafood platter (yellowtail, prawns, calamari)
Roasted vegetable couscous salad with a honey dressing.
Greek salad

Dessert

Cheese platter with assorted biscuits
Finger desserts

Sample Menu 2

Lunch

Starters

Melon & Parma Ham on Skewers

Bruschetta with Olive Tapenade, Basil Pesto, Sundried Tomato Pesto

Bowls of Mixed Olives

Main

Fillet

Chicken Roll

Roasted Mixed Vegetables

Baby Potatoes

Spanakopita

Garden Salad

Dessert

Pears with Saffron, served with Mascarpone

Ice Cream

Cheese Platter

Coffee

Sample Menu 3

Friday: Dinner

Yellowtail

Baby potatoes with garlic butter

Barley salad (Barley, feta, cucumber, avo, Basil pesto)

Spinach Salad (Spinach, feta, tomato, croutons, olives)

Vegetable Bake (cauliflower, carrots, peppers, baby marrow, patty pans, cottage cheese, sweet chilly sauce)

Saturday: Breakfast

Fried Egg

Bacon

Chicken Livers (Peri-peri)

Fried Tomatoes

Toast

Tea & coffee

Juice

Saturday: Lunch

Rolls

Pasta salad (apple, gherkins, pickled onions, peperdews, peppers)

Cheese

Ham & salami

Lettuce, Tomato, cucumber, lettuce

Saturday: Dinner

Spit Braai (Lamb)

Roast potatoes & onions

Greek salad, Green beans, Sweet potatoes

Garlic bread

Stuffed butternut

Sunday: Breakfast

Omelets: Cheese & mushrooms

Pork sausages

Tomato bredie

Toast

Tea & coffee

Juice

Sunday: Lunch

Farm Bread

Chicken mayo. (Peppers, onions, mayo)

Potato salad (bacon)

Cheese

Tomato, onion, cucumber, lettuce

Pickled onions & gherkins

Sample Menu 4

1st Lunch

Fresh Pita Breads
Chicken Strips/ Beef Strips
Grated cheese
Tomatoes, onion, cucumber, lettuce
Peperdews, gherkins, pickled onions
Tsatziki
Carrot Salad

Sundowners

Cheese Platters
Fruit Preserves
Assorted Biscuits & Breads
Biltong & Droewors
Selection of Wines

Dinner

Potjie
Rice
Pot bread with homemade jams
Green Salad
Beetroot Salad
Ice cream and chocolate sauce

Breakfast

Omelette with cheese and mushroom
Tomato bredie
Beef chipolatas
Bacon
Toast
Yoghurt & Muesli
Fresh fruit
Tea & Coffee
Fruit juice

2nd Lunch

Spit Braai (Lamb)
Assorted Breads & Garlic Bread
Roast Potatoes
Mixed Salad
Curry Noodle Salad
Broccoli & Cauliflower Bake